



ROME, ITALY
JUNE 9-11, 2026



Dear friends,

M.R. Sport dei fratelli Marconi ASD and the Organizing Committee are pleased to invite you to participate in the sixteenth edition of the **Roma Junior Diving Cup**, which will be held in Rome, the capital of Italy, at the Complesso Natatorio del Foro Italico swimming complex.



JUNIOR DIVING CUP

Competition Dates

June 9 – 11, 2026

Venue

Complesso Natatorio del Foro Italico Swimming Complex

Venue Address

Piazza Lauro de Bosis, 3 – Rome, Italy, 00135

Attrezzature

4x 1-meter springboards

3x 3-meter springboards

Platform (1-, 3-, 5-, 7.5-, 10-meter)

Two indoor gyms

Additional Informations

The facility hosted the 2009 FINA World Aquatics Championships and the 2022 LEN European Aquatics Championships.



Contacts

Organizing Club	M.R. Sport dei fratelli Marconi ASD	
Club President	Mr. Domenico Rinaldi	
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Organizing Committee

Meet Manager	Mr. Tommaso Marconi
Email	marconi.tommaso@gmail.com
Phone	+39 33 84 10 83 57
O.C. Members	Mrs. Barbara Bonferraro, Mr. Nicola Marconi
Comp. Supervisor	Mr. Gian Luca Pallai
O.C. Media & Web	Mr. Carmine Maione

Eligibility

Both junior representatives from diving clubs and national teams from all over the world are eligible for participation. Independent and unattached divers cannot be eligible for the competition.

Competition Format

All the events will follow the respective World Aquatics competition formats and will be held as direct finals, for both boys and girls.

Please refer to the AQUA Competition Regulations (**12. Age Group Rules - Diving**), v. June 2025, for the required dives for each event.

Group A (12.3.1): 1m springboard, 3m springboard, platform

Group B (12.3.2): 1m springboard, 3m springboard, platform

Group C (12.3.3): 1m springboard, 3m springboard, platform

A / B / C Combined (12.3.1.2.2): 3m synchro springboard

Age Groups

Group A (girls / boys): 2008 – 2009 – 2010 (age 16 – 17 – 18)

Group B (girls / boys): 2011 – 2012 (age 14 – 15)

Group C (girls / boys): 2013 – 2014 (age 12 – 13)

Athletes may choose to take part in events for their Age Group or the upper one, if desired and if they have the required dive lists. Athletes in the **Group D** (2015 – 2016, age 10 – 11) may take part to the Group C events if they have the required dive lists; in the platform event, Group D divers are strictly restricted to the 5m platform.



Training

Facilities will be available for training from the afternoon of **June 7**, according to the schedule that will be provided before the event.

On competition days, training is allowed at least 60 minutes before each session. Training between events may be restricted to the divers registered for the following events.

Technical Meeting

A technical meeting for the coaches will be held in the meeting room inside the venue on **June 8**.

Judges' clinic will follow at the end of the meeting.

First Aid and Lifeguards

A safety rehearsal by expert lifeguards will take place at the venue on **June 8**. Lifeguards will be available during both training and competitions sessions.

An emergency doctor will be available inside the venue, next to the secretary room, during the competition.

Results

Results will be posted by the competition office after each event.

Coverage of the event will be available through the official website www.romajuniordivingcup.it and social network accounts associated to **M.R. Sport dei fratelli Marconi ASD** diving club ([@tuffimrsport](https://www.facebook.com/tuffimrsport) on Facebook and Instagram).

Awards

Victory ceremonies will be held at the end of each event.

Medals and special prizes by our sponsors will be presented to the first-, second- and third-placed divers of each event.

VISAs and Entry requirements

In order to avoid administrative issues when requesting a Visa, please contact the Italian Embassies or Consular Authorities within your country in due time before your planned departure.

Registration Deadlines

Official forms must be sent within the deadlines via email to the address info@tuffimrsport.it

Preliminary Entry Form: March 31, 2026

Final Entry Form: May 10, 2026



Accommodation rates

Accommodation for all teams must be booked through the Organizing Committee. Affiliated rates include:

- accommodation in three-star hotel in single, double or (if available) triple rooms;
- full board service;
- private shuttle to/from the venue at established times.

Main Hotels

Hotel Villa Maria Regina ★★★★

Address: Via della Camilluccia, 687 – Rome, Italy, 00135

Website: www.villamariaregina.com

Distances:

- from the nearest subway station: 5,0 km (Flaminio, line A)
- from the competition venue: 3,5 km
- from Roma Termini train station: 9,0 km
- from Roma Tiburtina train station: 9,5 km
- from Fiumicino Airport: 39 km
- from Ciampino Airport: 36 km

Hotel Pacific ★★★

Address: Viale delle Medaglie d'Oro, 51 – Rome, Italy, 00136

Website: www.hotelpacificroma.com

Distances:

- from the nearest subway station: 0,5 km (Cipro, line A)
- from the competition venue: 2,8 km
- from Roma Termini train station: 7,0 km
- from Roma Tiburtina train station: 8,4 km
- from Fiumicino Airport: 28 km
- from Ciampino Airport: 34 km

Meals

Lunch will be prepared by a catering service and served fresh at the competition venue; specific details will be provided at the technical meeting. Breakfast and dinner will be served at the hotel.

Please keep in contact with the Organizing Committee for your special needs (i.e., food intolerances, allergies or particular diets).



Dive Lists

Dive lists for each athlete and event will be handled through the DiveRecorder software (www.diverecorderng.co.uk).

Dive lists may be updated up to 24 hours before the competition day. A fee may be requested for last minute edits or error fixes.

Dive sheets shall be signed by a coach or a representative of the delegation on the day before the event (no later than 6pm).

Registration Fees

A **Liquidation Form** for the athletes' registration fees, with all the banking informations, will be provided after the submission of the **Preliminary Entry Form**. Registration fees shall be paid – by wire transfer only – by April 10, 2026.

Registration fees for injured / no show athletes cannot be refunded.

Registration fees for divers added in the **Final Entry Form** shall be paid accordingly.

Terms and Conditions /

Personal Data used under the GDPR

By submitting the official forms, you agree and consent:

- a) to the provided personal data being processed, collected, used and/or retained by the organizing committee, its members and representatives for any competition purposes;
- b) to any media depicting the participating athletes and staff members to be displayed, collected, used and/or retained by the organizing committee, its members and representatives, the official websites and social networks and any authorized media operators for promotional purposes.

Competition Schedule

A preliminary competition schedule will be released in late Winter.

Please note that the diving schedule may be changed at the discretion of the referee judge and/or the organizing committee.

Whenever in any event there would be five or fewer registered divers, the organizing committee may join the boys' and girls' events for that age group.

Whenever in any springboard event there would be a high number of registered divers, the organizing committee may carry out the two springboard events in the allotted session at the same time.

A proper warm-up time is guaranteed before each event, guaranteed at least for the registered athletes for that event.



2026 (VERY) PROVISIONAL PROGRAMME

(it will be changed accordingly to the Preliminary Form divers' numbers)

JUNE 7 – SUNDAY	15.30 – 18.30	Training
JUNE 8 – MONDAY	09.30 – 12.30	Training
	14:30 – 17.30	Training
	17.30	Technical Meeting & Judges Clinic
	18.00	11° Trofeo Tuffi Adapted
JUNE 9 – TUESDAY	07.30 – 09.25	Training
DAY 1 OF COMPETITION	09.30	C Boys 1m springboard (5+3 dives) C Girls 3m springboard (5+2 dives) B Boys Platform (4+4 dives) ---
	15.00	B Girls 1m springboard (5+3 dives) A Boys 3m Springboard (5+5 dives) A Girls Platform (4+4 dives)
JUNE 10 – WEDNESDAY	07.30 – 09.25	Training
DAY 2 OF COMPETITION	09.30	C Girls 1m springboard (5+2 dives) C Boys Platform (4+3 dives) B Girls 3m springboard (4+3 dives) ---
	15.00	B Boys 3m springboard (5+4 dives) A Girls 1m springboard (5+4 dives) A Boys Platform (4+5 dives)
JUNE 11 – THURSDAY	07.30 – 09.25	Training
DAY 3 OF COMPETITION	09.30	C Boys 3m springboard (5+3 dives) C Girls Platform (4+2 dives) B Boys 1m springboard (5+4 dives) B Girls Platform (4+3 dives) ---
	15.00	A Girls 3m springboard (5+4 dives) A Boys 1m Springboard (5+5 dives) Girls Synchro Springboard (2+3 dives) Boys Synchro Springboard (2+3 dives)

20' of guaranteed training before each competition – includes victory ceremony